

What apps do students with ADHD and non-disabled students use and like?

Catherine Fichten and Jillian Budd

Adaptech Research Network, Montreal

Data from a LimeSurvey administered September 2020.

Participants with ADHD but no LD n = 35			All participants with ADHD n = 57			All nondisabled participants n=74		
<i>Which of the following apps have you tried? n=35</i>			<i>Which of the following apps have you tried? n=57</i>			<i>Which of the following apps have you tried? n=74</i>		
n	%	name	n	%	name	n	%	name
22	63%	Dropbox	37	65%	Dropbox	44	59%	Dropbox
20	57%	Google Calendar	35	61%	Google Calendar	42	57%	Google Calendar
11	31%	Evernote	17	30%	Evernote	29	39%	Quizlet
9	26%	Quizlet	17	30%	Quizlet	13	18%	Evernote
6	17%	To Do / Wunderlist	14	25%	Read & Write	6	8%	To Do / Wunderlist
4	11%	Pomodoro Timer & To Do List	12	21%	To Do / Wunderlist	5	7%	Forest
4	11%	Read & Write	7	12%	Pomodoro Timer & To Do List	4	5%	Pomodoro Timer & To Do List
4	11%	Todoist	4	7%	Dragon Anywhere	3	4%	Asana
2	6%	Forest	4	7%	Todoist	2	3%	IFTTT (If This Then That)
1	3%	Asana	3	5%	Due	2	3%	Read & Write
1	3%	Dragon Anywhere	3	5%	Forest	1	1%	Focus@Will
1	3%	Due	3	5%	Time Timer	1	1%	Todoist
1	3%	IFTTT (If This Then That)	1	2%	Asana	1	1%	<i>Freedom</i>
0		Focus@Will	1	2%	IFTTT (If This Then That)	1	1%	<i>Time Timer</i>
0		Freedom	1	2%	RescueTime	1	1%	<i>Voice Dream Reader</i>
0		Mindnode 5	1	2%	Voice Dream Reader	0		Dragon Anywhere
0		Remember the Milk	0		Focus@Will	0		Due
0		RescueTime	0		Freedom	0		Mindnode 5
0		Routinist	0		Mindnode 5	0		Remember the Milk
0		Time Timer	0		Remember the Milk	0		RescueTime
0		Voice Dream Reader	0		Routinist	0		Routinist

Bold = in addition to ADHD only

pink Italics = in addition to ADHD only

<i>Of the apps that you tried, which ones did you like? n= 35</i>			<i>Of the apps that you tried, which ones did you like? n= 57</i>			<i>Of the apps that you tried, which ones did you like? n= 74</i>		
15	43%	Google Calendar	27	47%	Google Calendar	33	45%	Google Calendar
12	34%	Dropbox	20	35%	Dropbox	27	36%	Dropbox
7	20%	Quizlet	14	25%	Quizlet	24	32%	Quizlet
4	11%	Read & Write	10	18%	Read & Write	6	8%	Evernote
3	9%	Evernote	4	7%	Evernote	3	4%	Pomodoro Timer & To Do List
2	6%	Pomodoro Timer & To Do List	3	5%	Dragon Anywhere	2	3%	Read & Write
1	3%	Dragon Anywhere	2	4%	Pomodoro Timer & To Do List	1	1%	Todoist
1	3%	IFTTT (If This Then That)	2	4%	To Do / Wunderlist	3	4%	<i>Forest</i>
1	3%	Todoist	1	2%	Due	2	3%	<i>To Do / Wunderlist</i>
0		Asana	1	2%	Forest	1	1%	<i>Asana</i>
0		Due	1	2%	IFTTT (If This Then That)	1	1%	<i>Freedom</i>
0		Focus@Will	1	2%	Time Timer	0		Dragon Anywhere
0		Forest	1	2%	Todoist	0		Due
0		Freedom	0		Asana	0		Focus@Will
0		Mindnode 5	0		Focus@Will	0		IFTTT (If This Then That)
0		Remember the Milk	0		Freedom	0		Mindnode 5
0		RescueTime	0		Mindnode 5	0		Remember the Milk
0		Routinist	0		Remember the Milk	0		RescueTime
0		Time Timer	0		RescueTime	0		Routinist
0		To Do / Wunderlist	0		Routinist	0		Time Timer
0		Voice Dream Reader	0		Voice Dream Reader	0		Voice Dream Reader

Bold = in addition to ADHD only

pink Italics=in addition to ADHD only, bold=in addition to adhd only