	ops do s		<i>vith ADHD and nodisabled students us</i> erine Fichten and Jillian Budd	se ana lik	er	
		Adapte	ch Research Network, Montreal			
ta from a LimeSurvey administered Septembe	er 2020.					
Particpants with ADHD but no LD n = 35		All p	particpants with ADHD n = 57		All no	ondisabled particpants n=74
hich of the following apps have you tried? n=	-35 Whi	ch of the	following apps have you tried? n=57	Which	of the	following apps have you tried?
n % name		n %	name	n	-	name
22 63% Dropbox		<mark>37</mark> 65%	6 Dropbox	44		Dropbox
20 57% Google Calendar			6 Google Calendar			Google Calendar
11 31% Evernote			6 Evernote			Quizlet
9 26% Quizlet	_	<b>17</b> 309	6 Quizlet			Evernote
6 17% To Do / Wunderlist	_		6 Read & Write	6		To Do / Wunderlist
4 11% Pomodoro Timer & To Do List	_		6 To Do / Wunderlist	5	<u> </u>	Forest
4 11% Read & Write			6 Pomodoro Timer & To Do List	4		Pomodoro Timer & To Do Lis
4 11% Todoist	_		6 Dragon Anywhere	3		Asana
2 6% Forest			6 Todoist	2		IFTTT (If This Then That)
1 3% Asana			6 Due	2		Read & Write
1 3% Dragon Anywhere	-1		6 Forest	1		Focus@Will
1 3% Due			6 Time Timer	1		Todoist
1 3% IFTTT (If This Then That)			6 Asana	1		Freedom
0 Focus@Will			6 IFTTT (If This Then That)	1		Time Timer
0 Freedom	_		6 RescueTime	1		Voice Dream Reader
0 Mindnode 5	_		Voice Dream Reader	0		Dragon Anywhere
0 Remember the Milk		0	Focus@Will	0		Due
0 RescueTime		0	Freedom	0		Mindnode 5
0 Routinist		0	Mindnode 5	0		Remember the Milk
0 Time Timer		0	Remember the Milk	0		RescueTime
0 Voice Dream Reader		0	Routinist	0		Routinist
	Bold	l = in add	ition to ADHD only	pink Ita	alics =	in addition to ADHD only
			•	T I		•
the apps that you tried, which ones did you	Of t	he anns t	hat you tried, which ones did you	Of the	anns t	hat you tried, which ones did yo
e? n= 35	-	? n= 57	nat you thea, which ones ald you	like? n		nat you thea, which ones are yo
						Google Calendar
						Google Calendar
10 040/ Due a h a s			6 Google Calendar			
		<mark>20</mark> 35%	6 Dropbox	27	36%	Dropbox
7 20% Quizlet		20 35% 14 25%	6 Dropbox 6 Quizlet	27 24	36% 32%	Dropbox Quizlet
7 20% Quizlet 4 11% Read & Write		20 35% 14 25% 10 18%	6 Dropbox 6 Quizlet 6 Read & Write	27	36% 32% 8%	Dropbox Quizlet Evernote
7         20%         Quizlet           4         11%         Read & Write           3         9%         Evernote		20 35% 14 25% 10 18% 4 7%	6 Dropbox 6 Quizlet 6 Read & Write 6 Evernote	27 24	36% 32% 8% 4%	Dropbox Quizlet Evernote Pomodoro Timer & To Do List
<ul> <li>7 20% Quizlet</li> <li>4 11% Read &amp; Write</li> <li>3 9% Evernote</li> <li>2 6% Pomodoro Timer &amp; To Do List</li> </ul>		20 35% 14 25% 10 18% 4 7% 3 5%	6 Dropbox 6 Quizlet 6 Read & Write 6 Evernote 6 Dragon Anywhere	27 24	36% 32% 8% 4% 3%	Dropbox Quizlet Evernote Pomodoro Timer & To Do List Read & Write
<ul> <li>7 20% Quizlet</li> <li>4 11% Read &amp; Write</li> <li>3 9% Evernote</li> <li>2 6% Pomodoro Timer &amp; To Do List</li> <li>1 3% Dragon Anywhere</li> </ul>		20 35% 14 25% 10 18% 4 7% 3 5% 2 4%	<ul> <li>6 Dropbox</li> <li>6 Quizlet</li> <li>6 Read &amp; Write</li> <li>6 Evernote</li> <li>6 Dragon Anywhere</li> <li>6 Pomodoro Timer &amp; To Do List</li> </ul>	27 24 6 3	36% 32% 8% 4% 3% 1%	Dropbox Quizlet Evernote Pomodoro Timer & To Do List Read & Write Todoist
<ul> <li>7 20% Quizlet</li> <li>4 11% Read &amp; Write</li> <li>3 9% Evernote</li> <li>2 6% Pomodoro Timer &amp; To Do List</li> <li>1 3% Dragon Anywhere</li> <li>1 3% IFTTT (If This Then That)</li> </ul>		20 35% 14 25% 10 18% 4 7% 3 5% 2 4%	6 Dropbox 6 Quizlet 6 Read & Write 6 Evernote 6 Dragon Anywhere	27 24 6 3 2	36% 32% 8% 4% 3% 1% 4%	Dropbox Quizlet Evernote Pomodoro Timer & To Do List Read & Write Todoist Forest
720%Quizlet411%Read & Write39%Evernote26%Pomodoro Timer & To Do List13%Dragon Anywhere		20         35%           14         25%           10         18%           4         7%           3         5%           2         4%           2         4%           1         2%	<ul> <li>6 Dropbox</li> <li>6 Quizlet</li> <li>6 Read &amp; Write</li> <li>6 Evernote</li> <li>6 Dragon Anywhere</li> <li>6 Pomodoro Timer &amp; To Do List</li> <li>6 To Do / Wunderlist</li> <li>6 Due</li> </ul>	27 24 6 3 2 2 1	36% 32% 8% 4% 3% 1% 4%	Dropbox Quizlet Evernote Pomodoro Timer & To Do List Read & Write Todoist
<ul> <li>7 20% Quizlet</li> <li>4 11% Read &amp; Write</li> <li>3 9% Evernote</li> <li>2 6% Pomodoro Timer &amp; To Do List</li> <li>1 3% Dragon Anywhere</li> <li>1 3% IFTTT (If This Then That)</li> </ul>		20         35%           14         25%           10         18%           4         7%           3         5%           2         4%           2         4%           1         2%	<ul> <li>6 Dropbox</li> <li>6 Quizlet</li> <li>6 Read &amp; Write</li> <li>6 Evernote</li> <li>6 Dragon Anywhere</li> <li>6 Pomodoro Timer &amp; To Do List</li> <li>6 To Do / Wunderlist</li> </ul>	27 24 6 3 2 2 1 3	36% 32% 8% 4% 3% 1% 4% 3%	Dropbox Quizlet Evernote Pomodoro Timer & To Do List Read & Write Todoist Forest
<ul> <li>7 20% Quizlet</li> <li>4 11% Read &amp; Write</li> <li>3 9% Evernote</li> <li>2 6% Pomodoro Timer &amp; To Do List</li> <li>1 3% Dragon Anywhere</li> <li>1 3% IFTTT (If This Then That)</li> <li>1 3% Todoist</li> </ul>		20         359           14         259           10         189           4         79           3         59           2         49           2         49           1         29           1         29	<ul> <li>6 Dropbox</li> <li>6 Quizlet</li> <li>6 Read &amp; Write</li> <li>6 Evernote</li> <li>6 Dragon Anywhere</li> <li>6 Pomodoro Timer &amp; To Do List</li> <li>6 To Do / Wunderlist</li> <li>6 Due</li> </ul>	27 24 6 3 2 1 1 3 2 2	36% 32% 8% 4% 3% 1% 4% 3%	Dropbox Quizlet Evernote Pomodoro Timer & To Do List Read & Write Todoist <i>Forest</i> To Do / Wunderlist
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720%Quizlet411%Read & Write39%Evernote26%Pomodoro Timer & To Do List13%Dragon Anywhere13%IFTTT (If This Then That)13%Todoist0Asana0Due0Focus@Will		20         359           14         259           10         189           4         79           3         59           2         49           1         29           1         29           1         29           1         29           1         29           1         29	<ul> <li>6 Dropbox</li> <li>6 Quizlet</li> <li>6 Read &amp; Write</li> <li>6 Evernote</li> <li>6 Dragon Anywhere</li> <li>6 Pomodoro Timer &amp; To Do List</li> <li>6 To Do / Wunderlist</li> <li>6 Due</li> <li>6 Forest</li> <li>6 IFTTT (If This Then That)</li> <li>6 Time Timer</li> </ul>	27 24 6 3 2 1 3 2 1 1 1 1 0	36% 32% 8% 4% 3% 1% 3% 1% 1%	Dropbox Quizlet Evernote Pomodoro Timer & To Do List Read & Write Todoist Forest To Do / Wunderlist Asana Freedom Dragon Anywhere Due
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